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Karin Hatami, DDS
Qualified to Administer BOTOX

BOTOX is an alternative therapeutic option for TMJ symptoms that relieves jaw tension by making muscles unable to engage in the powerful, often unconscious movement of the jaw that produces headaches and pain.



Hospitality Dental's own Karin Hatami, D.D.S. has received specialized training and is certified to safely and effectively provide BOTOX injections. Dr. Hatami graduated with a B.S. Degree in Biology from the University of San Francisco in 1988. She received her D.D.S. in 1992 from the University of the Pacific where she graduated Cum Laude. Dr. Hatami joined the Hospitality Dental team in 2002 and continues to provide exceptional dental care at the San Bernardino location.

“You may be suffering from TMD if you are experiencing migraine headaches, pain in the neck; shoulder; or jaw, popping or clicking when moving your jaw, or ringing in the ears.”

If you are tired of constant headaches, jaw soreness, or if you have tried other treatment modalities (such as night guards) and you are ready to try another treatment option, consider Botox Therapy.

If interested in BOTOX treatment, please feel free to call 800-71-DENTAL (33682) or visit the link:

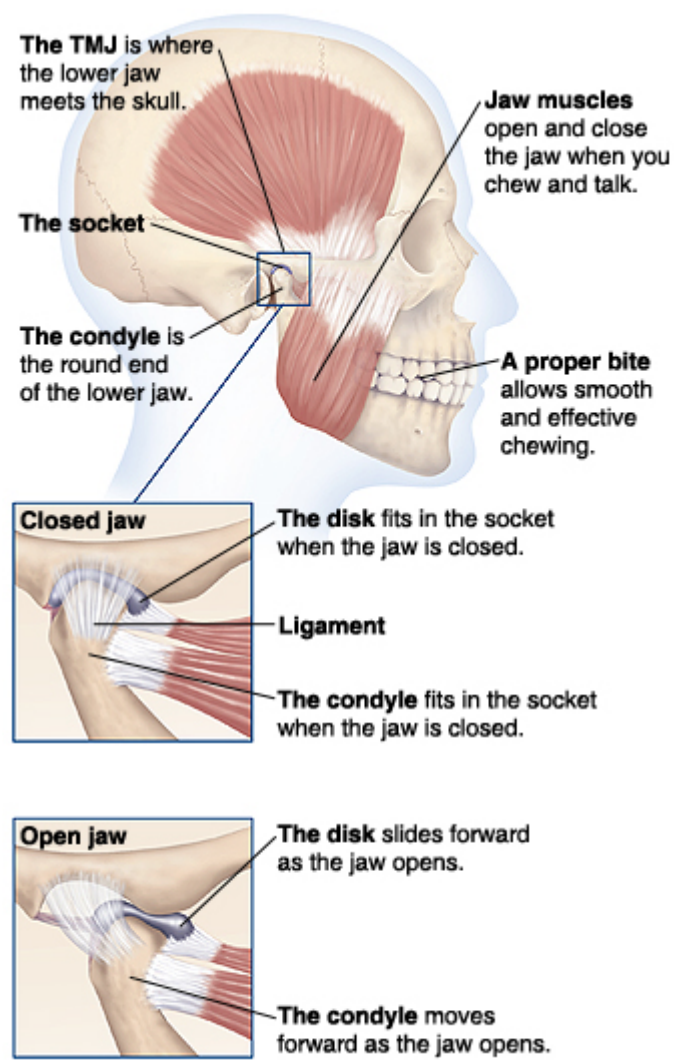
[Dental Botox at Hospitality Dental](#)

Temporomandibular Disorders

Temporomandibular disorders (TMD) occur as a result of problems with the jaw, jaw joint and surrounding facial muscles that control chewing and moving the jaw. These disorders are often incorrectly called TMJ, which stands for temporomandibular joint.

What Is the Temporomandibular Joint (TMJ)?

The temporomandibular joint (TMJ) is the hinge joint that connects the lower jaw (mandible) to the temporal bone of the skull, which is immediately in front of the ear on each side of your head. The joints are flexible, allowing the jaw to move smoothly up and down and side to side and enabling you to talk, chew, and yawn. Muscles attached to and surrounding the jaw joint control the position and movement of the jaw.



What Causes TMD?

The cause of TMD is not clear, but dentists believe that symptoms arise from problems with the muscles of the jaw or with the parts of the joint itself. Injury to the jaw, temporomandibular joint, or muscles of the head and neck - such as from a heavy blow or whiplash - can cause TMD. Other possible causes include:

- Grinding or clenching the teeth, which puts a lot of pressure on the TMJ
- Dislocation of the soft cushion or disc between the ball and socket
- Presence of osteoarthritis or rheumatoid arthritis in the TMJ
- Stress, which can cause a person to tighten facial and jaw muscles or clench the teeth

What Are the Symptoms of TMD?

People with TMD can experience severe pain and discomfort that can be temporary or last for many years. More women than men experience TMD and TMD is seen most commonly in people between the ages of 20 and 40.

Common symptoms of TMD include:

- Pain or tenderness in the face, jaw joint area, neck and shoulders, and in or around the ear when you chew, speak, or open your mouth wide
- Limited ability to open the mouth very wide
- Jaws that get "stuck" or "lock" in the open- or closed-mouth position
- Clicking, popping, or grating sounds in the jaw joint when opening or closing the mouth (which may or may not be accompanied by pain)
- A tired feeling in the face
- Difficulty chewing or a sudden uncomfortable bite - as if the upper and lower teeth are not fitting together properly
- Swelling on the side of the face

Other common symptoms of TMD include toothaches, headaches, neck aches, dizziness, earaches, hearing problems, upper shoulder pain, and ringing in the ears (tinnitus).

See the following link for further information:

[TMD](#)

If interested in TMD or treatment for TMD, please feel free to visit the link [Hospitality Dental Locations](#) to schedule an appointment!

BOTOX at the Dentist

BOTOX is a potential option for dental problems caused by muscle contraction, such as:

Bruxism. Patients with bruxism (teeth grinding) clench their jaws tightly, causing the teeth to rub against each other. The condition not only causes jaw pain, it can lead to worn and broken teeth. By injecting BOTOX into the correct muscles, the patient has limited ability to grind the teeth, yet can still talk and chew.

TMJ Disorder. TMJ (temporomandibular joint) disorder is a condition that causes pain in the jaw or around the ear, headaches and discomfort while chewing. One cause of the disorder is persistent clenching of the teeth (not necessarily associated with tooth grinding). Symptoms can sometimes be alleviated by using BOTOX injections to prevent the muscles from pulling on the temporomandibular joint.

Orthodontic retraining. The goal of orthodontic treatment is to move the teeth into a better alignment. In some patients severe retraction of certain muscles will pull the teeth back towards their original position, negating the effects of the orthodontic work. For those patients, injections of BOTOX can lessen the pull on the affected muscles and help maintain the corrected bite. Ideally, over time, the muscle will learn to relax on its own.

See the following links provided for further information: [Botox at the Dentist](#)

If interested in dental services, please feel free to visit the link [Hospitality Dental Services](#) for further information.